

Patients who are to receive general anesthesia should adhere to the following checklist based on surgery time:

Early Surgery:

- ┌ DO NOT eat or drink anything after midnight the night before your appointment or on the morning of.
- ┌ Bring a list of all medications for ease in answering health questionnaire.
- ┌ Please take medications for blood pressure, heart rhythm and other medications with water.
- ┌ Arrange for an escort to drive you home and be present during surgery.
- ┌ Parents must accompany children.
- ┌ Wear glasses, if necessary or bring a storage case for your contact lenses.
- ┌ Wear loose, comfortable clothing with sleeves that can be raised above your elbows. Wear low-heeled or flat shoes.
- ┌ If you have any questions about these instructions, please call this office prior to your surgery date.

Late Morning and Early Afternoon Surgery:

- ┌ Clear liquids, such as water, Gatorade or PowerAde up to 2.5 hours prior to surgery are okay. No sodas or coffee.
- ┌ No food of any kind for 6 hours prior to surgery. Absolutely no fat or protein during the early day.
- ┌ Bring a list of all medications for ease in answering health questionnaire.
- ┌ Please take medications for blood pressure, heart rhythm and other medications with water.
- ┌ Arrange for an escort to drive you home and be present during surgery.
- ┌ Parents must accompany children.
- ┌ Wear glasses, if necessary or bring a storage case for your contact lenses.
- ┌ Wear loose, comfortable clothing with sleeves that can be raised above your elbows. Wear low-heeled or flat shoes.
- ┌ If you have any questions about these instructions, please call this office prior to your surgery date.